



## VETERANS MULTI-PURPOSE CENTER's ORIGINATION PROFILE

A 15 ACRE VETERAN'S OUTDOOR RECREATIONAL AND REHABILITATION CAMP

16540 LAKE STEWART DRIVE GROVELAND, FLORIDA 34736 ~ 877-791-8603

[www.vetsmpc.org](http://www.vetsmpc.org) ~ [vetsmpc@aol.com](mailto:vetsmpc@aol.com) ~ Facebook: veterans multi-purpose center



Fishing our lake on our 24' Pontoon boat



(Equine Adventure Program) for veterans



Obstacle course for Equine Assisted Recreation Therapy for Veterans. Family and children

Our programs are funded by a caring community of donors and are always FREE and require NO doctor's prescription, NO medical forms to fill out, NO Don't show consequences, No Program time limit, NO expectations and **NO COST**.

Just your desire to managing various components of medical or mental health issues

..... **Changing the Lives of veterans through VA approved Recreation Therapies.....**

Recently the Veterans Health Administration has recognized Recreation Therapy as an adjunct therapy under the Rehabilitation Medicine Service Office and urged community non-profits to undertake similar programs for veterans of all eras.

At the Veterans Multi-Purpose Center, we have been conducting outdoor programs of Recreational Therapy for years. We were established in 1989 and received our IRS tax exempt 501 (C)(3) status in 1992. We are registered, licensed and fully insured in the state of Florida. We are an all-volunteer organization. No one receives payment for their services and all programs we provide are free and funded by a caring community. The complexity and interdependence of each veteran's physiological, psychological, social, emotional, and social needs are now recognized and therapeutic recreation has developed into a specialized professional field. The old image of "fun and games" has changed to one of therapy.

Studies prove Participation in Outdoor Recreation Programs Improves Psychosocial Well-Being Among Veterans with Post-Traumatic Stress Disorder, Traumatic Brain Injury, Substance abuse disorders and readjustment disorder:

A debilitating condition, post-traumatic stress disorder (PTSD), afflicts an estimated 7.7 million American adults, according to the National Institutes of Health. Amid this population are those who acquired the disorder in combat. Current estimates from the U.S. Department of Veterans Affairs state that PTSD affects about 30% of Vietnam veterans, 10% of Gulf War veterans, 11% of Afghanistan veterans, and 20% of veterans returning from Iraq. PTSD is characterized by symptoms resulting from traumatic event experience. These symptoms include recurring and distressing memories of trauma, hyperarousal, and avoidance of stimuli that trigger traumatic memories. Due in part to this clustering of symptoms, PTSD has high comorbidities with anxiety disorders, major depressive disorder, and sleep disturbances. Consequently, those with PTSD have been known to engage in avoidant coping strategies, such as alcohol and drug abuse, to ameliorate the symptomatology associated with the condition.

### **Why Recreation Therapy?**

At the Veterans, Multi-Purpose Center, Recreation Therapy is considered a Holistic health care program designed to provide therapeutic outdoor activities to assist in maintaining or improving the health status, functional capabilities, promoting recovery treatment, and ultimately quality of life for Veterans, their families and civilian children and adults.

Getting outside makes coming home from war easier for our military service members, veterans, and their families. Even if returning service members do not have a physical or mental health injury, most, families or veterans, will still struggle with coming back into their families or society to a routine which is very different from war. The level of struggle will vary between families and individuals, but outdoor activities can be universally applied for all individual veterans, military families and especially children, for ensuring success in integration, employment, and education. Outdoor activities may take on additional importance for those returning with physical or mental health injuries that require adaptations due to a loss or limited use of a limb or traumatic brain injury. We know from repeated testimony that increased confidence, family and social connections, learning how to live with a new physical adaptation, improved mental health, and even recovery from addiction, are attributed to time spent in the outdoors by veterans and military families.

Unfortunately, children, spouses, and caregivers are often forgotten. While one parent is deployed, children, spouses, and caregivers all take on different roles than when the military parent was at home. These roles can be difficult to relinquish or redefine when a parent comes home. The outdoors provides an opportunity for kids to be just kids and for families to reconnect. Children can see in the outdoors that just because Mom or Dad may be missing a hand, Mom or Dad can still be an active participant in their childhood.

Our Recreation Therapy Programs offer unique non-pharmacological approach to managing various components of medical or mental health issues such as PTSD, TBI, behavior management, anger management, pain management, coping and re-adjustment issues, stress management and relaxation, and substance abuse. Currently our existing programs include

- 1: Equine Assisted Activities utilizing seven specially trained horses/ horseback riding.
- 2: Substance use disorder recovery and relapse prevention program.
- 3: Boating trips and Sport fishing on our 24-foot pontoon boat.
- 4: Weekend retreats and camping for veterans, veterans and families, children's parties.
- 5: Picnic facilities with BBQ area.
- 6: Education classes on filing for service connected disability compensation.
- 7: Sunday morning Cowboy Church.



THE VETERANS MULTI-PURPOSE CENTER ACCEPTS REFERRALS AND OFFERS OUR SERVICES  
TO ALL MEMBERS OF THE ABOVE NATIONAL VETERAN ORGANIZATIONS  
AND ANY INDIVIDUAL WISHING TO ENROLL



P.O. Box 2508, Room 4010  
Cincinnati OH 45201

In reply refer to: 4077550279  
Feb. 14, 2012 LTR 4168C 0  
65-0205276 000000 00

00029671  
BODC: TE

VETERANS MULTI-PURPOSE CENTER INC  
16540 LAKE STEW ART DRIVE  
GROVELAND FL 34736



006680

Employer Identification Number: 65-0205276  
Person to Contact: Sophia Brown  
Toll Free Telephone Number: 1-877-829-5500

Dear Taxpayer:

This is in response to your Dec. 28, 2011, request for information regarding your tax-exempt status.

Our records indicate that you were recognized as exempt under section 501(c)(3) of the Internal Revenue Code in a determination letter issued in February 1992.

Our records also indicate that you are not a private foundation within the meaning of section 509(a) of the Code because you are described in section(s) 509(a)(1) and 170(b)(1)(A)(vi).

Donors may deduct contributions to you as provided in section 170 of the Code. Bequests, legacies, devises, transfers, or gifts to you or for your use are deductible for Federal estate and gift tax purposes if they meet the applicable provisions of sections 2055, 2106, and 2522 of the Code.

Please refer to our website [www.irs.gov/eo](http://www.irs.gov/eo) for information regarding filing requirements. Specifically, section 6033(j) of the Code provides that failure to file an annual information return for three consecutive years results in revocation of tax-exempt status as of the filing due date of the third return for organizations required to file. We will publish a list of organizations whose tax-exempt status was revoked under section 6033(j) of the Code on our website beginning in early 2011.